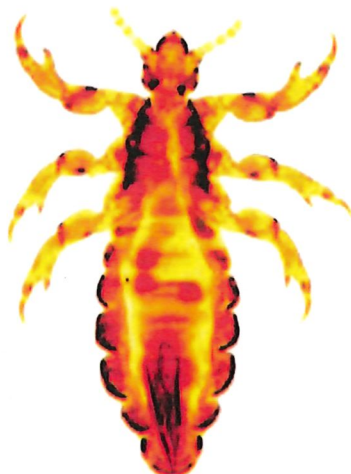


HEAD LICE:

If we all comb together we CAN beat the bugs!



Do...

- Check every week for live head lice, for tiny grey 'dots' attached to the hair close to the scalp ('live' eggs) and for white dots – hatched egg cases or 'nits' – which remain glued in place on each hair strand as it grows out.
- Use a high-quality comb like the Nitty Gritty NitFree Comb, which is designed to remove not only head lice, but also nits and 'live' eggs too.
- Comb thoroughly when the hair is wet and 'slicked' with hair conditioner; head lice can travel quickly through dry hair away from the area that you are combing.

Don't...

- Don't be ashamed or worried, or upset or angry. To blame children or grown-ups for having nits is just silly. It's just like blaming trees for having birds in them.
- Don't rely on pesticides, poisons or magic potions. Regular checking and 'wet combing' is the only reliable way to detect and remove a head louse infestation.
- Don't fret about scarves, hats, pillows or swimming pools. Because head lice find new hosts during direct head-to-head contact. They don't lurk, leap, or fly, and they don't carry any diseases.

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