



The Academy of Woodlands

Woodlands Road, Gillingham

Kent ME7 2DU

Tel: 01634 336688

www.theacademyofwoodlands.co.uk

Head of School: Mrs C Brown
Executive Headteacher: Mrs E Poad

Dear parents/carers,

RE: Physical Education

The PE department are looking forward to welcoming you back to term 1. Please find information below regarding PE and Swimming for the coming term.

Physical Education Lessons

- Please see the table below to see when your child's class will be taking part in indoor and outdoor Physical Education lessons.
- We will be continuing to ask children to come into school wearing school PE uniform to reduce the time spent changing and to ensure that children participate in the maximum time. We will be monitoring PE uniform closely this year to ensure that all children are dressed appropriately aligned with the school uniform policy (please see below for reference). **We are trying to ensure all children are dressed the same to avoid any disputes regarding clothing and footwear and to focus on our drive for togetherness.** Please ensure that the uniform you provide fits well for comfort and safety purposes.
- Please ensure that your child has long hair tied back and all jewellery is removed on the day of their PE lesson. **The school strongly advises that children get ears pierced during the summer holiday so that they are still able to participate in their PE lessons during term time.** Due to our school policy and insurance policy, we will not allow children to participate with ears taped.
- If your child has an injury or accident that prevents them from participating in PE, then please call the school office or send a note with your child.

Appropriate PE uniform consists of:

- Either a plain white or community colour t-shirt/polo shirt. Only logo permitted is the school logo.
- Either black or blue shorts or tracksuit bottoms (weather dependent).
- Either a black or blue jumper or hoodie (weather dependent).
- Appropriate trainers required.
- **Football kits/ football shirts are not allowed.**
- **No football or rugby boots for PE lessons due to safety of children.**

Community Colours:

- Teak Togetherness – Blue
- Cedar Communication – Green
- Redwood Respect – Red
- Elm Excellence - Yellow

Swimming Lessons

- Swimming lessons will be taking place from term 1, all the way through to term 6. This year only year groups 3 to 6 will be swimming to ensure that we can provide high-quality swimming lessons. Swimming lessons will cost £2.50 per week which is for travel costs to and from Medway Park and can be booked through Arbor.
- An email will be sent just before the classes time to swim so parents/carers have plenty of time to pay and get swimming kits ready.

Yours sincerely

Mrs Stone

PE

Lead

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<u>KS1</u>	<u>PE Lessons:</u>
Year R – Bumblebees	N/A
Year R – Ladybirds	N/A
Year R – Fireflies	N/A
Year 1 – Robins	Tuesday and Thursday
Year 1 – Squirrels	Tuesday and Thursday
Year 1 – Caterpillars	Tuesday and Thursday
Year 2 – Rabbits	Monday and Friday
Year 2 – Woodpeckers	Monday and Friday
Year 2 - Owls	Monday and Friday

<u>KS2</u>	<u>PE Lessons:</u>
Year 3 – Foxes	Monday and Thursday
Year 3 – Dormice	Monday and Thursday
Year 3 – Dragonflies	Monday and Thursday
Year 4 – Badgers	Monday and Wednesday
Year 4 – Butterflies	Monday and Swimming (Friday)
Year 4 – Beetles	Monday and Wednesday
Year 4 – Hawks	Monday and Swimming (Friday)
Year 5 – Falcons	Wednesday and Friday
Year 5 – Kingfishers	Monday and Wednesday
Year 5 – Wolves	Monday and Wednesday
Year 6 - Ospreys	Tuesday and Swimming (Friday)
Year 6 – Eagles	Tuesday and Friday
Year 6 - Kestrels	Tuesday and Friday