

Unusual Food

Across the world, humans have devised dishes that unite and divide people's taste buds. No matter where you are from, there will be dishes that you wouldn't like to live without, but that might seem strange to those coming to visit. Classic British foods like mince pies, black pudding and pork pies are often met with concerned looks by foreign travellers. With that in mind, let's take a look at some of the more unusual dishes that are popular around the world.

Chicken's feet

Most of us have eaten chicken at some point, but we tend to stop when we get to the bottom of the leg. Many people in Asia, the Caribbean, South America and South Africa go a little bit further.

If you can get past the annoying bones, apparently, chicken's feet are very tasty when flavoured, and the texture is just like regular chicken skin. Perhaps one to add to the list to try?

Kha**s**h

Popular in the Middle East and Turkey, Khash is considered a delicacy. It is a stew made of stewed cow's feet and its head. Sometimes it is made using the same parts of a sheep, or it might also include the stomach.

Haggis

Beloved by many Scottish people, haggis is definitely a dish that divides opinion. The lungs, heart and liver of a sheep are mixed with oatmeal and onions and stuffed, traditionally, inside the animal's stomach. Nowadays, they are often made using a sausage skin instead, but many still prefer it the traditional way.



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Tuna eyeball*ı*

Often found in Japanese supermarkets, the large eyeballs of the tuna are very popular. Apparently, they taste like squid and are best served boiled or steamed with garlic.

Deep-fried tarantula

Originally eaten out of necessity by starving Cambodians, these are now a popular snack food. Some say they taste similar to crab meat.

Black pudding

We can't ignore one of the stranger staples of the classic English fry-up. Popular across Africa, Europe and parts of Asia, black pudding is also known as blood sausage, and with good cause. It is made by mixing congealed blood with things like breadcrumbs and suet and stuffing it into a sausage skin.

VOCABULARY FOCUS

- 1. Find and copy a word in the first paragraph that means "created or invented".
- 2. Which word means "bring together"?
- 3. What is a "delicacy"?

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- 4. If something is a "staple" of a meal, what does it mean?
- 5. Which word describes a liquid that hard started to thicken?

VIPERS QUESTIONS

How are tuna eyeballs best cooked, apparently?

Where did deep-fried tarantulas originate?

What is the purpose of the first paragraph?

Which dishes are popular in Britain?

Which of these dishes would you prefer to eat, and why?

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