



# ASTHMA POLICY

January 2018

## **Asthma Policy**

### **A POSITIVE APPROACH TO ASTHMA**

In keeping with our inclusive approach to education, asthma is not seen as a barrier to any activities. All children are welcomed and encouraged to fully participate in all activities within the Academy.

### **ASTHMA EDUCATION**

All staff are fully appraised on the practical aspects of managing asthma in general. All staff are aware of the effective use of the range of inhalers and accessories. The school maintains close contact with the school nurse, and engage with this service when appropriate, for support

### **PARENTS**

On entry and routinely throughout their school life, children's records are frequently updated. Parents and carers are requested to supply all pertinent information to best manage their child's condition. To this purpose 'Care Plans' are in place. This informs both the type of medication and the correct dosage for the individual child.

To ensure continuity of care parents and carers are asked to provide an additional inhaler to remain in school. These are kept secure and clearly labelled.

All aspects of each child's care is discussed with the parent/carer to ensure that the condition is managed effectively, this includes notification of any changes to the normal routine for the child. The Academy will also inform the parent if medication supplies are running low or becoming out of date.

### **ACCESS TO INHALERS**

#### **Inhalers are to be administered by the recipient only.**

All inhalers are stored in a secure location within the medical room, clearly labelled for each child. On providing an inhaler the parent/carer will be required to complete a medication form that details the type, dosage and frequency of use of the medication. A record is kept detailing actual use of the medication. If use of medication is escalating or deviating from the child's normal routine parent/carer will be informed.

Correct medication will be available at all times; including during class time, breaks and lunch, also all activities away from the main classroom (sports field, music room, trips etc.)

### **SPORTS**

In keeping with an inclusive approach the expectation will be that all children will take part in all regular activities. Each child will be monitored and assessed according to their need and the information supplied.

Exercise is beneficial to all including those with asthma, children with this condition will have access to their medication and will be shown appropriate responses to both their condition and presenting symptoms.

### **PASSIVE SMOKING**

The Directors/Governors have declared The Academy of Woodlands and its grounds as a 'No Smoking' area; therefore, pupils are not exposed to this hazard.

### **NEBULISERS**

Where a pupil has to use a nebuliser to deliver drugs, The Academy will liaise with the GP/Nurse on the correct management.

### **PETS**

If a pupil's asthma is aggravated by pets, the parent/carer should advise the Class teacher who will ensure that any pet is housed away from the classroom.

### **IN THE CASE OF AN ASTHMA ATTACK**

In the case of a severe asthma episode staff involved will allow free access to any appropriate medication, consult with the guidelines provided by the parent/carer and follow the guidance given. This procedure will include the use of emergency services when applicable and informing the parent/carer. The emergency services will be the priority in this instance.

Policy reviewed: January 2018

Head Teacher: \_\_\_\_\_

The Academy of Woodlands Director: \_\_\_\_\_